



# The Year of Saint Joseph

## Ad te, beate Joseph

To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.

Amen.

## The Memorare to St Joseph

Remember, O most pure spouse of the Blessed Virgin Mary, my great protector, Saint Joseph, that no one ever had recourse to your protection, or implored your aid without obtaining relief. Confiding therefore in your goodness, I come before you. Do not turn down my petitions, foster father of the Redeemer, but graciously receive them. Amen.



## The Morning Offering through St Joseph



Receive me, dear and chosen Father, and the offering of every movement of my body and soul, which I desire to present through thee to my blessed Lord.

Purify all! Make all a perfect holocaust! May every pulsation of my heart be a Spiritual Communion, every look and thought an act of love, every action a sweet sacrifice, every word an arrow of Divine love, every step an advance toward Jesus, every visit to Our Lord as pleasing to God as the errands of Angels, every thought of thee, dear Saint, an act to remind thee that I am thy child.

I recommend to thee the occasions in which I usually fail, particularly . . . [Mention these]. Accept each little devotion of the day, though replete with imperfection, and offer it to Jesus, Whose mercy will overlook all, since He regards not so much the gift as the love of the giver.

Amen.

## Prayer before work to St Joseph the worker

O Glorious Saint Joseph, model of all those who are devoted to labour, obtain for me the grace to work in a spirit of penance for the expiation of my many sins; to work conscientiously, putting the call of duty above my natural inclinations; to work with thankfulness and joy, considering it an honour to employ and develop by means of labour the gifts received from God; to work with order, peace, moderation, and patience, never shrinking from weariness and trials; to work above all with purity of intention and detachment from self, keeping unceasingly before my eyes death and the account that I must give of time lost, talents unused, good omitted, and vain complacency in success, so fatal to the work of God.

All for Jesus, all through Mary, all after thy example, O Patriarch, Saint Joseph. Such shall be my watch-word in life and in death. Amen.

(Composed by Pope St. Pius X)



## Litany of St Joseph

Lord, have mercy on us.  
 Christ, have mercy on us.  
 Lord, have mercy on us.  
 Christ, hear us.  
 Christ, graciously hear us.

God the Father of Heaven,  
 have mercy on us.  
 God the Son, Redeemer of the world,  
 have mercy on us.  
 God the Holy Ghost,  
 have mercy on us.  
 Holy Trinity, One God,  
 have mercy on us.

Holy Mary,  
 St. Joseph,  
 Illustrious son of David,  
 Light of patriarchs,  
 Spouse of the Mother of God,  
 Chaste guardian of the Virgin,  
 Foster father of the Son of God,  
 Watchful defender of Christ,  
 Head of the Holy Family,  
 Joseph most just,  
 Joseph most chaste,  
 Joseph most prudent,  
 Joseph most valiant,  
 Joseph most obedient,  
 Joseph most faithful,  
 Mirror of patience,  
 Lover of poverty,  
 Model of workmen,  
 Glory of home life,  
 Guardian of virgins,  
 Pillar of families,  
 Solace of the afflicted,  
 Hope of the sick,  
 Patron of the dying,  
 Terror of demons,  
 Protector of Holy Church,

pray for us.  
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 pray for us.

Lamb of God, Who takes away the sins of the world,  
 Spare us, O Lord!  
 Lamb of God, Who takes away the sins of the world,  
 Graciously hear us, O Lord!  
 Lamb of God, Who takes away the sins of the world,  
 Have mercy on us!

̎. He made him the lord of His household,  
 R̄. And prince over all His possessions.

Let Us Pray  
 O God, Who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven. Who lives and reigns forever and ever.

Amen.



## Consecration to St Joseph

O dearest St Joseph, I consecrate myself to thy honour and give myself to thee, that thou mayest always be my father, my protector, and my guide in the way of salvation.  
 Obtain for me a great purity of heart and a fervent love of the interior life. After thine example, may I do all my actions for the greater glory of God, in union with the Divine Heart of Jesus and the Immaculate Heart of Mary!  
 And do thou, O Blessed St. Joseph, pray for me that I may share in the peace and joy of thy holy death  
 Amen.

## A Triduo to St Joseph by St John Henry Newman

First day: Consider. He was the true and worthy Spouse of Mary, supplying in a visible manner the place of Mary's Invisible Spouse, the Holy Ghost. He was a virgin, and his virginity was the faithful mirror of the virginity of Mary. He was the Cherub, placed to guard the new terrestrial Paradise from the intrusion of every foe.

̎. Blessed be the name of Joseph.  
 R̄. Henceforth and forever. Amen.

Let us pray.  
 God, who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the husband of Thy most holy Mother, grant, we beseech Thee, that we may be made worthy to receive him for our intercessor in heaven, whom on earth we venerate as our holy Protector: who livest and reignest world without end. Amen.

Second day: Consider. His was the title of father of the Son of God, because he was the Spouse of Mary, ever Virgin. He was our Lord's father, because Jesus ever yielded to him the obedience of a son. He was our Lord's father, because to him were entrusted, and by him were faithfully fulfilled, the duties of a father, in protecting Him, giving Him a home, sustaining and rearing Him, and providing Him with a trade.

̎. Blessed be the name of Joseph.  
 R̄. Henceforth and forever. Amen.

Let us pray. {prayer as on the First Day}

Third day: Consider. He is Holy Joseph, because according to the opinion of a great number of doctors, he, as well as St. John the Baptist, was sanctified even before he was born. He is Holy Joseph, because his office, of being spouse and protector of Mary, specially demanded sanctity. He is Holy Joseph, because no other Saint but he lived in such and so long intimacy and familiarity with the source of all holiness, Jesus, God incarnate, and Mary, the holiest of creatures.

̎. Blessed be the name of Joseph.  
 R̄. Henceforth and forever. Amen.

Let us pray. {prayer as on the First Day}